

CND P.E.P. Technique

10 MIN P.E.P. is a systematic method of ensuring **SHELLAC™** Brand 14+ Day Nail Color, **VINYLUX™** Weekly Polish and **CREATIVE PLAY™** Nail Lacquer adhere to the natural nail plate.



STEP 1:

P - Perform a Manicure

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- a. Have the client wash their hands with soap and water and towel dry.



- b. Massage **COOLBLUE™** Hand Cleanser into the client's hands to cleanse skin.



- c. Remove any existing nail color from the natural nail using an acetone-based polish remover (**OFFLY FAST™** Moisturizing Remover or **SCRUBFRESH™** Nail Surface Cleanser) and a plastic-backed lint-free pad.*



- d. If necessary, trim the length from each nail, using nail clippers.

* Acetone-based polish removers like **OFFLY FAST™** or **SCRUBFRESH™** are the quickest and safest way to remove nail color. Non-acetone-based polish removers will dissolve enamel more slowly and "smear" the color onto the cuticle area risking over-exposure.

** Dry P.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients.

- e. Shape the extension edge (tip of the nail) of each nail with a soft grit like the **240-grit side of a Kanga™ File** or **Koala Buffer™**.



- f. Apply a small amount of **CuticleAway™** Professional Cuticle Remover evenly around the cuticle of each nail.**



- g. Gently slide a **cuticle pusher** along the nail plate toward the cuticle area and along the lateral fold (sides of nail) to lift and loosen any cuticle (non-living tissue) from the nail plate. Remove any excess **CuticleAway™** from the nail and use a **curette** to remove cuticle up to the eponychium and lateral fold.



- h. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.**

- i. Use a **manicure nipper** to carefully remove any loosened cuticle, as well as any loose pieces of skin or hangnails. Use a gentle touch during cuticle removal to protect the seals. Never cut living tissue as it can lead to infection.



STEP 2:

E - Eliminate Surface Contaminants
P - Purify Nail Plate Layers

1. **E - Eliminate** surface contaminants, dust, lint or skin and
P - Purify nail plate layers.

- a. Thoroughly cleanse and temporarily dehydrate the nail plate layers with **SCRUBFRESH™** using a lint-free, plastic-backed pad. Pull back the skin and scrub the nail as if removing red nail polish.



PRODUCTS REQUIRED

- COOLBLUE™** Hand Cleanser
OFFLY FAST™ Moisturizing Remover
CuticleAway™ Professional Cuticle Remover
SCRUBFRESH™ Nail Surface Cleanser
CND™ Files and Buffers

ACCESSORIES/EQUIPMENT REQUIRED

- Hand towels
Hand soap
Plastic-backed, lint-free pads
Disinfectable dust brush*
Cuticle pusher
Manicure nippers
Nail clippers
Curette
*Optional