

CND P.R.E.P. Technique

10 MIN P.R.E.P. is a systematic method of ensuring any Liquid & Powder or **BRISA™** Sculpting Gel products adhere to the natural nail plate without lifting.



STEP 1:

P - Perform a Manicure

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- a. Have the client wash their hands with soap and water and towel dry.



- b. Massage **COOLBLUE™** Hand Cleanser into the client's hands to cleanse skin.



- c. Remove any existing nail color from the natural nail using an acetone-based polish remover (**OFFLY FAST™** Moisturizing Remover or **SCRUBFRESH™** Nail Surface Cleanser) and a plastic-backed lint-free pad.*



- d. If necessary, trim the length from each nail, using nail clippers.

* Acetone-based polish removers like **OFFLY FAST™** or **SCRUBFRESH™** are the quickest and safest way to remove nail color. Non-acetone-based polish removers will dissolve enamel more slowly and "smear" the color onto the cuticle area risking over-exposure.

** Dry P.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients.

- e. Shape the extension edge (tip of the nail) of each nail with a soft grit like the **240-grit side of a Kanga™ File** or **Koala Buffer™**.



- f. Apply a small amount of **CuticleAway™** Professional Cuticle Remover evenly around the cuticle of each nail.**



- g. Gently slide a **cuticle pusher** along the nail plate toward the cuticle area and along the lateral fold (sides of nail) to lift and loosen any cuticle (non-living tissue) from the nail plate. Remove any excess **CuticleAway™** from the nail and use a **curette** to remove cuticle up to the eponychium and lateral fold.



- h. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.**

- i. Use a **manicure nipper** to carefully remove any loosened cuticle, as well as any loose pieces of skin or hangnails. Use a gentle touch during cuticle removal to protect the seals. Never cut living tissue as it can lead to infection.



STEP 2:

R - Remove Shine

1. **R - Remove** shine from the natural nail surface with a soft grit like the **240-grit side of the Koala Buffer™** in the direction of the natural nail growth. (Filing back and forth will remove layers and weaken the nail.)



STEP 3:

E - Eliminate Surface Contaminants P - Purify Nail Plate Layers

1. **E - Eliminate** surface contaminants, dust, lint or skin and
P - Purify nail plate layers
 - a. Thoroughly cleanse and temporarily dehydrate the nail plate layers with **SCRUBFRESH™** using a lint-free, plastic-backed pad. Pull back the skin and scrub the nail as if removing red nail polish.*



**When applying tips, it is not necessary to temporarily dehydrate the nail plate at this point of the service. Adhesives have superior bonding properties in the presence of moisture, so dehydrating the nail plate could actually reduce adhesion. Do not apply SCRUBFRESH™ to the tip after application; this can melt the tip and jeopardize the integrity of the enhancement.*

STEP 4:

P.R.E.P. Boosters (optional)

NailFresh™ Temporary Nail Dehydrator

This product is for clients with lift-prone nails wearing **Liquid & Powder** or **Gel Enhancements**. Prior to **SCRUBFRESH™**, liberally apply **NailFresh™** to the natural nail only to further cleanse and temporarily dehydrate the nail. Follow with **SCRUBFRESH™**.



NailPrime Acid-Free Primer

This product is for clients with lift-prone nails wearing **Liquid & Powder Enhancements**. When using **RADICAL SOLARNAIL™ Sculpting Liquid** on a lift-prone client, apply a thin coat of **NailPrime** to the natural nail plate of 2-3 nails at a time; ensure the brush has enough liquid to thoroughly and evenly cover each nail. Repeat this step until all nails are thoroughly and evenly coated. Do not touch the skin or allow the product to flood the cuticle area.



When using **NailPrime** with tips, apply to the natural nail after the tip is applied and blended.

PRODUCTS REQUIRED

COOLBLUE™ Hand Cleanser
OFFLY FAST™ Moisturizing Remover
CuticleAway™ Professional Cuticle Remover
SCRUBFRESH™ Nail Surface Cleanser
CND™ Files and Buffers
NailFresh™**
NailPrime**

ACCESSORIES/EQUIPMENT REQUIRED

Hand towels
Hand soap
Plastic-backed, lint-free pads
Disinfectable dust brush**
Cuticle pusher
Manicure nippers
Nail clippers
Curette

**Optional