

BRISA™ Gel Enhancements Natural Nail Overlay



1 HOUR A service option that is ideal for healthy, natural fingernails and toenails requiring protection and color enhancement.

STEP 1: P.R.E.P.

1. **P - Perform** a manicure.

- a. Have the client wash their hands with soap and water and towel dry.



- b. Massage **COOLBLUE™** Hand Cleanser into the client's hands to cleanse skin.



- c. Remove any existing nail color from the natural nail using an acetone-based polish remover (**OFFLY FAST™** Moisturizing Remover or **SCRUBFRESH™** Nail Surface Cleanser) and a plastic-backed lint-free pad.



- d. If necessary, trim the length from each nail, using nail clippers.

- e. Shape the extension edge of each nail with the **240-grit side of a Kanga™ File** or **Koala Buffer™**.



- f. Apply a small amount of **CuticleAway™ Professional Cuticle Remover** evenly around the cuticle of each nail.*



- g. Gently slide a **cuticle pusher** along the nail plate toward the cuticle area and along the lateral folds to lift and loosen any non-living tissue from the nail plate. Remove any excess **CuticleAway™** from the nail and use a **curette** to remove non-living tissue up to the eponychium and lateral folds.



- h. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.*

- i. Use a **manicure nipper** to carefully remove any loosened, non-living tissue, as well as any loose pieces of skin or hangnails. Use a gentle touch during cuticle removal to protect the seals. Never cut living tissue as it can lead to infection.



* Dry P.R.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients.

2. **R - Remove** shine from the natural nail surface with the **240-grit side of the Koala Buffer™** in the direction of nail growth.



3. **E - Eliminate** surface contaminants and **P - Purify** nail plate layers.

- a. Thoroughly cleanse and temporarily dehydrate the nail plate layers with **SCRUBFRESH™** using a lint-free, plastic-backed pad. Gently pull lateral folds back and scrub thoroughly to be sure all areas of the nail are completely clean.



STEP 2:

Apply BRISA™ Bond

1. **Apply** one thin layer of **BRISA™ Bond** to the natural **nail plate** of 2-3 nails at a time ensuring that the brush has enough liquid to thoroughly and evenly cover each nail. Repeat this step until all nails are thoroughly and evenly coated.

Remember: When applying **BRISA™ Bond**, do not touch the skin or allow the product to flood the cuticle area.

2. Apply to five nails and cure each hand for **10 seconds (preset button 1)** in the **CND™ LED Lamp**. Do not remove the top film after removing the nails from the lamp.



STEP 3:

Create a Base Layer (optional)

This step will ensure proper adhesion and can prevent service breakdown. Implement when needed.

1. Apply a thin layer of **BRISA™ Clear** or **Pure Pink - Sheer Sculpting Gel** in all three Zones to the natural nail.



2. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.



STEP 4:

Zones 1, 2 & 3 - Smile Line, Apex, Upper Arch and Cuticle Area

1. **Place** a scoop of **BRISA™ Gel** onto the center of the nail (Zone 2) and **guide** the product from side to side, keeping the bulk of the gel in the vertical center of the nail. Brush a thin, even layer of gel toward extension edge (Zone 1). Then encase the extension edge to ensure long wear.
2. **Gently ease** the gel back toward the cuticle area (Zone 3), leaving a tiny free cuticle margin.

3. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.



*If using the **CND™ UV Lamp**, cure for two minutes.

STEP 5:

Perfect the Shape (optional)

This step will reinforce the enhancement and can prevent service breakdown. Implement when needed.

1. **Apply** a thin layer of **BRISA™ Clear Sculpting Gel** over the entire nail to perfect the shape.
2. **Fill in** low spots by taking a tiny scoop onto your brush. Touch the product to one side of the low spot and lift up to create a thin strand of product. Pull this strand of gel across the nail and touch to the other side. Lift off, and allow the gel to self-level, filling in the low spot.

3. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™ LED Lamp**.*



STEP 6:

Shape and Define

For a comprehensive tutorial of CND finishing techniques see the Enhancement Finishing Step-by-Step.

1. Remove the top film with **99% Isopropyl Alcohol** and a plastic-backed pad.
2. Finish the nail using a **Blizzard™ File** to define and shape.
3. Smooth the surface with a **Boomerang Padded File**, making sure to remove all shine.
4. **Remove** any dust with a disinfectable brush and lightly go over nails with a plastic-backed pad and **99% Isopropyl Alcohol**.



**If using the CND™ UV Lamp, cure for two minutes.*

STEP 7:

Creating a Smile Line With BRISA™ Paint

1. Remove brush from bottle and wipe excess gel from back of brush by dragging along the neck of the bottle.
2. **Paint** on smile line consistent with polishing French Manicure application techniques.
3. **Detail** the smile line with a Gel Flat Oval Brush cleansed with **99% Isopropyl Alcohol**.
4. Apply to **five nails** and **cure** each hand for **one minute (preset button 2B)** in the **CND™ LED Lamp**.* Do not remove the top film after removing the nails from the lamp.



STEP 8:

Apply BRISA™ Gloss

1. Apply a thin layer of **BRISA™ Gloss** using the **CND 5 Point Polish Method** to the **extension edge** and **nail surface** of all five nails on one hand. (For more detailed information see the CND 5 Point Polish Method Step-by-Step.)
2. Apply to **five nails** and **cure** each hand for **one minute (preset button 3)** in the **CND™ LED Lamp**.*
3. **Remove** the top film with **99% Isopropyl Alcohol** and a plastic-backed pad.
4. Massage **SOLAROIL™ Nail & Cuticle Care** into the nails and skin.



PRODUCTS REQUIRED

COOLBLUE™ Hand Cleanser
OFFLY FAST™ Moisturizing Remover
CuticleAway™ Professional Cuticle Remover
SCRUBFRESH™ Nail Surface Cleanser
CND™ Files and Buffers
CND™ ProSeries Gel Flat Oval Brush #6
BRISA™ Bond
BRISA™ Sculpting Gels
BRISA™ Gloss
BRISA™ Paint
SOLAROIL™ Nail & Cuticle Care

ACCESSORIES/EQUIPMENT REQUIRED

CND™ LED Lamp
Hand towels
Hand soap
Plastic-backed, lint-free pads
Disinfectable dust brush*
99% Isopropyl Alcohol
Cuticle pusher
Manicure nippers
Nail clippers
Curette
*Optional