

BRISA[®] Gel Extreme Enhancements



90 MIN

Sleek and beautiful...for all your clients who want or need dramatic transformation...this is it!

STEP 1:

P.R.E.P.

1. P - Perform a manicure.

- a. Have the client wash their hands with soap and water and towel dry.

- b. Massage **COOLBLUE[®]** Waterless Hand Cleanser into the client's hands to cleanse skin and help prevent transmission of germs.



- c. Remove any existing nail color from the natural nail using an acetone-based polish remover (**CND[®] SHELLAC[®] Nourishing Remover** or **SCRUBFRESH[®]** Natural-Nail Surface Cleanser) and a plastic-backed lint-free pad.



- d. Apply a small amount of **CuticleAway[™]** Cuticle Remover evenly around the cuticle of each nail.*



- e. Gently slide a **cuticle pusher** along the nail plate toward the cuticle area and along the lateral folds to lift and



loosen any non-living tissue from the nail plate. Remove any excess **CuticleAway[™]** from the nail and use a **curette** to remove non-living tissue up to the eponychium and lateral folds.

- f. **Scrub** nails thoroughly with soap and a damp brush, then rinse with warm water to remove the cuticle remover and soap; towel dry.*

- g. Use a **manicure nipper** to carefully remove any loosened, non-living tissue, as well as any loose pieces of skin or hangnails. Use a gentle touch during cuticle removal to protect the seals.



- h. Divide the nail into four equal vertical parts with a pencil. Start by drawing a line down the center of the nail dividing the nail in half, then divide into four quarters.



- i. If necessary, trim the length from each nail, using nail clippers.

* Dry P.R.E.P. is an excellent option for clients with great natural nails, who do not build excessive cuticle between services. Eliminating the wet cuticle treatment can shorten the service time and increase adhesion for some clients.

- j. Shape the extension edge of each nail with the **240-grit side of a Kanga File™** and remove the outside corners of the extension edge filing up, and into the sidewalls at a 90-degree angle, keeping the file underneath the extension edge. Use the pencil lines to help with symmetry.



2. **R - Remove** shine from the natural nail surface with the **240-grit side of the Koala Buffer™** in the direction of nail growth.



3. **E - Eliminate** surface contaminants and **P - Purify** nail plate layers.

- a. Thoroughly cleanse and temporarily dehydrate the nail plate layers with **SCRUBFRESH®**



using a lint-free, plastic-backed pad. Gently pull lateral folds back and scrub thoroughly to be sure all areas of the nail are completely clean.

STEP 2:

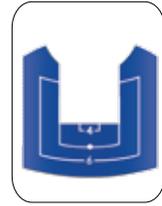
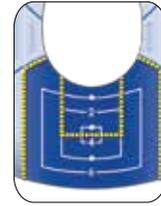
Apply Clear PERFORMANCE FORMS® with CND® Dowels*

**Available by attending a CND Extreme Enhancement Class.*

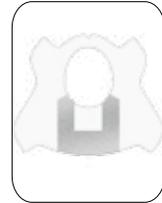
1. To prepare the form, apply a pre-shaped metal tab to the sticky back of the Silver **PERFORMANCE FORMS®**.



2. Cut out a square "U" shape using the form's perforations and inside grid as your guide.



3. Peel the cut metal away from the Silver **PERFORMANCE FORMS®** and apply to the back of a Clear **PERFORMANCE FORMS®**. This will create added support to the clear form.



4. Select a dowel.

- a. Draw back in the vertical lines, dividing the nail into four quarters. Select a dowel that fits between the top half of the nail. The correct dowel size should line up to the edges of the two outer lines.



5. Cut the back tab of the **PERFORMANCE FORMS®** and pre-tailor the edge of the form that fits under the extension edge, to deepen the curve if necessary.



6. Wrap the **PERFORMANCE FORMS®** around the large end of the dowel to create the C-curve on the form.



7. Apply the form.

- a. Open the back tabs to allow the form to slide over the finger. Place the form at a 45-degree angle under the natural nail and gently squeeze the lateral folds of the skin while easing the form up into place.



- b. Check for proper fit. The form should be straight and parallel with the finger. The back tab should not connect and have approximately 1/8 of an inch gap between the tabs.



- To shape the form once it is in place, use the pre-selected dowel and place under the form. Gently squeeze the form around the dowel from the smile line to the end of the form to create an even and symmetrical C-curve.



- To slim the C-curve at the extension edge, select a dowel one size smaller than the original dowel. Place under the form and squeeze only at the natural nail extension edge, concentrating the squeeze on the pads of the finger. This will create two small darts in the form.



- Cut the tabs on the bottom of the **PERFORMANCE FORMS®** to ensure proper hand placement for optimum cure.

STEP 3:

Apply BRISA® Bond

- Apply one thin layer of **BRISA® Bond** to the natural **nail plate** of 2-3 nails at a time ensuring that the brush has enough liquid to thoroughly and evenly cover each nail. Repeat this step until all nails are thoroughly and evenly coated.



Remember: When applying **BRISA® Bond**, do not touch the skin or allow the product to flood the cuticle area.

- Apply to **five nails** and **cure** each hand for **10 seconds** (**preset button 1**) in the **CND® LED Lamp**.*



STEP 4:

Create a Base Layer (optional)

This step will ensure proper adhesion and help prevent service breakdown. Implement when needed.

- Apply a thin to medium layer of **BRISA® Clear** or **Pure Pink - Sheer Sculpting Gel** to the natural nail.



- Apply to **five nails** and **cure** each hand for **one minute** (**preset button 2B**) in the **CND® LED Lamp**.** Do not remove the top film after removing the nails from the lamp.



STEP 5:

Zone 2

- Before sculpting the nail, determine where to place the smile line in order to create an extreme illusion. Bear this placement in mind, as you begin sculpting.



- Place a small amount of **BRISA® Opaque Pink Sculpting Gel** in Zone 2 near the natural nail's extension edge. Sculpt the gel to the desired length to define the placement of the smile line. Taper the gel in the back of Zone 2 so it blends into the natural nail.



*If using the **CND® UV Lamp**, cure for ten seconds.

If using the **CND® UV Lamp, cure for two minutes.

The product should be thicker in the apex and taper to the sidewalls and Zone 3.



- Apply to **five nails** and **cure** each hand for **one minute** (**preset button 2B**) in the **CND® LED Lamp**.* Do not remove the top film after removing the nails from the lamp.

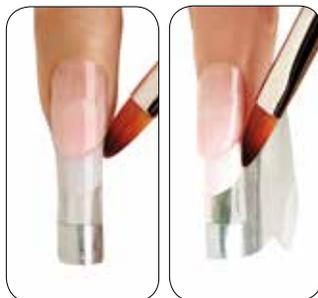


STEP 6: Zone 1

- Pick up a scoop of **BRISA® Pure White Sculpting Gel** and place it in the middle of Zone 1. Gently guide the gel up into each corner to create a crisp smile line. Smooth to create a thin extension edge.



- Clean the sidewalls. Begin in the middle of the sidewall and brush up toward the smile line, then brush from middle of the sidewall down toward the extension edge. Then clean the extension edge to create the length.



- Apply to **five nails** and **cure** each hand for **one minute** (**preset button 2B**) in the **CND® LED Lamp**.* Do not remove the top film after removing the nails from the lamp.



STEP 7:

Build the Apex - Zone 1

- Add a smaller scoop of **BRISA® Pure White Sculpting Gel** in the center of Zone 1, towards the smile line. Build a "smile wall" by guiding the gel along the existing smile line, while keeping the bulk of the product in the vertical apex. Be careful not to press the product past the existing smile line, into Zone 2. Check to ensure the height of the smile wall is not higher than the desired apex.



- Add additional white sculpting gel to fill in the rest of Zone 1.



- Leave a thin layer of gel on the brush and dip the brush into **COOLBLUE®**. Gently press the gel from the sidewall up to the apex on both sides to build the vertical apex. Use the tip of the brush and light presses to crisp the smile line. Lightly feather to smooth the bottom third of the extension edge.



- Apply to **five nails** and **cure** each hand for **one minute** (**preset button 2B**) in the **CND® LED Lamp**.* Do not remove the top film after removing the nails from the lamp.



*If using the **CND® UV Lamp**, cure for two minutes.

STEP 8:

Zone 2 & 3

1. Place a small scoop of clear sculpting gel in Zone 2 and smooth the gel up to the smile line filling in any low spots. Then ease the gel back to the cuticle area to cover Zone 3. Use the tip of the brush and a very light touch to guide the product from sidewall toward the vertical apex on both sides of the nail.



2. Apply to **five nails** and **cure** each hand for **one minute** (**preset button 2B**) in the **CND® LED Lamp**.*



STEP 9:

Shape and Define

1. Remove the top film with **99% Isopropyl Alcohol** and a plastic-backed pad.
2. Remove **Clear PERFORMANCE FORMS®** from the nail.
3. Lightly dull the shine using a **Boomerang Padded File** and then divide the nail into four even sections using a pencil and the same technique for P.R.E.P.

4. Shorten and shape the extension edge using a **Blizzard™ File**.



5. Refine the sidewalls (shown in red) using a one-directional stroke, filing in an upward direction with a **Kanga™ File**. Start at the sidewall where Zone 1 meets Zone 2. Refine the cuticle line to blend into the natural nail.



6. Thin and refine the very edge of the extension edge (in red), using the one-directional stroke in a downward motion.



7. Establish the apex using the **Blizzard™ File** and the one-directional stroke, filing from apex towards the extension edge.



Using a side-to-side multi-directional stroke, file from the apex towards the cuticle line creating a flattened surface.



8. Smooth and refine the lower arch by placing the **Kanga™ File** under the sidewall, filing up, keeping the file parallel to the finger.



9. Turn the finger to the side and file flat on the sidewall straight up from lower arch on both sides of the nail. When you look down the barrel of the nail the surface should look flat like the top of a stop sign or pencil.



10. Smooth and refine the enhancement by filing up from the sidewalls towards the apex while simultaneously moving the file up and down the nail from the extension edge to the cuticle on both sides, being careful not to file on the areas previously filed.



11. Repeat steps with **Boomerang Padded File** to further smooth and refine. Refine extension edge as needed.

12. **Remove** any dust with a disinfected brush and a plastic-backed pad saturated with **99% Isopropyl Alcohol**.

*If using the **CND® UV Lamp**, cure for two minutes.

STEP 10:

Apply BRISA® Gloss

1. Apply a thin layer of **BRISA® Gloss** to the **extension edge** and **nail surface** of all fine nails on one hand.



- a. Pull the coated brush from the bottle and wipe both sides on the neck of the bottle to remove excess top coat and flatten the brush hairs on both sides.
- b. With the flattened brush, draw a thin line of top coat along the extension edge of the nail to seal and ensure complete coverage.
- c. Dip the brush into the bottle to completely coat with top coat. Pull the brush out of the bottle and scoop a small bead on one side of the brush large enough to create your top coat layer. Flatten and drain the other side of the brush on the opposite side of the bottle's neck.
- d. Place the bead in the center of the nail and glide it down to the extension edge.
- e. Gently ease the brush up towards the cuticle area, being sure to leave a tiny free margin for a clean, even line, then glide the brush down towards the extension edge to complete the center coverage of the nail.
- f. Rotate the finger to the right, and pull back the lateral fold so the left side of the nail is clearly visible.
- g. Using the left corner of the brush, apply the top coat over the left side of the nail, following the contour of the sidewall as closely as possible from cuticle line to extension edge.
- h. Rotate the finger to the left, and pull back the lateral fold so the right side of the nail is clearly visible.
- i. Using the right corner of the brush, apply the top coat over the right side of the nail, following the contour of the sidewall as closely as possible from cuticle line to extension edge.

2. Apply to **five nails** and **cure** each hand for **one minute** (**preset button 3**) in the **CND® LED Lamp**.*



3. Remove the top film with **99% Isopropyl Alcohol** and a plastic-backed pad.

4. Massage **SOLAROIL®** Nail and Cuticle Conditioner into the nails and skin.



PRODUCTS REQUIRED

COOLBLUE®

CND® SHELLAC® Nourishing Remover
CuticleAway™

SCRUBFRESH®

CND® Files and Buffers

CND® Clear **PERFORMANCE FORMS®**

CND® Silver **PERFORMANCE FORMS®**

CND® ProSeries Gel Oval Brush #6

BRISA® Bond

BRISA® Sculpting Gels

BRISA® Gloss

SOLAROIL®

ACCESSORIES/EQUIPMENT REQUIRED

CND® LED Lamp

Hand towels

Hand soap

Plastic-backed, lint-free pads

Disinfectable dust brush*

99% Isopropyl Alcohol

Cuticle pusher

Manicure nippers

Nail clippers

Curette

Curved cuticle scissors

*Optional

If using the **CND® UV Lamp, cure for two minutes.*