

People

CND CALLUS SMOOTHER



As seen in People Style Watch
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SMOOTH YOUR BODY!

With just a few products, your skin can be silky, supple and ready to bare

Moisturize regularly Sun and swimming can create dryness. Apply cream day and night to re-hydrate skin and prevent dullness.

Josie Maran
Whipped Argan Oil Body Butter, \$15. Sephora, 877-737-4672; josiemaran.com

Exfoliate away dead cells Do it at least once or twice a week. Also exfoliate to prep skin for self-tanner and before and after hair removal, says Yelena Royzen, esthetician at Bliss Soho.

Moroccan Body Buff, \$42. moroccan.com for salons

Remove hair Two popular ways to go: shaving and waxing. Shaving is quick, but you may have to do it daily. Waxing takes a bit longer, but you'll be smooth for about a month, says Royzen.

Gillette Venus & Olay Razor, \$10.99; at drugstores

Hair Brazilian Spa Clay Roll-On Wax, \$10-49; at drugstores

SOFTEN FEET!

Show off pretty soles with this three-step at-home treatment

1 Prep
Soak feet in a warm milk bath to soften calluses, says Alisha Botero, director of nail services for Red Door Spas.

Calgon Aqualax Milk Bath with Serum Beads, \$4.99. takeaway.com for info

2 File
Use the rougher side of a dual-sided foot file to slough off dead skin, especially around heels.

CND Callus Smoother, \$29.90; cnd.com for salons

3 Hydrate
Coat the smoother side of the file with shea butter cream and rub it into your feet, says Botero.

Carol's Daughter Coconut Shea Softie, \$29. canddaughter.com

creates a luxurious foam!

Gabriella DiMarco

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